

## What we provide

QyouT (pronounced 'cute') gives young people a safe space for community connection, learning, mindfulness and fun.

You are encouraged to be yourself:  
**everyone is accepted in our group.**

Our sessions include:

- socialising with food and drinks
- games and outings
- brief but fun learning sessions
- occasional movie nights.



## Queer Youth Together is a program of



**DiversityACT**  
COMMUNITY SERVICES  
ABN 95 478 146 869

**Visit:**

[www.diversityact.org.au](http://www.diversityact.org.au)

**Contact us:**

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Diversity ACT Community  
Services Inc.

ABN: 95 478 146 869  
8 Laidlaw Place Kambah ACT



## Queer Youth Together (QyouT)

a program for young people  
(age 12 to 24) within the  
sexuality and gender diverse  
community.



## About Diversity ACT

QyouT is a program of Diversity ACT Community Services, a volunteer-run, community-based, registered charity that exists to advance and support the aspirations and full acceptance of LGBTIAQ+ Canberrans.

*QYouT provides a fantastic opportunity to be a part of something bigger. This group offers a refuge and safe space for us to realise we aren't alone. QYouT is also a place where diversity is celebrated and wings are strengthened, not clipped.*

-- Shay & Charlie, QyouT members

Diversity ACT also offers:

- a drop-in space
- emergency assistance
- referrals to community service agencies
- support and advocacy
- youth services
- other LGBTIAQ+ groups.

## What we've done

Past QyouT activities have included:

- LGBTIAQ+ community guest speakers
- mindfulness, meditation and art therapy
- flow and poi (fire dancing)
- sexual health education
- offsite excursions (ice skating, music, movies etc.)
- attending Diversity ACT community events.



## Our team

Our volunteer team includes qualified (and training) educators and social, youth and community service workers who you can rely on if you ever need support.

Everyone who volunteers for or attends our program believes in supporting those who have been victims of discrimination and bullying because of their sexuality or gender identity.



*It is wonderful to hear the laughter coming from a room full of young people, and to see smiling parents who can hear their child laughing and having fun again.*

-- Delia Quigley, Former President  
Diversity ACT



## Want to get involved?

Anyone can join Diversity ACT and support the LGBTIAQ+ community. Become a member today, using the membership form on our website.